



**Patient Privacy Policy & Procedure Statement**

Dear Patient:

Amy Hill Fife Physical Therapy, PC maintains compliance with the Health Insurance Portability and Accountability Act of 1996 (HIPPA) privacy regulations passed into law on December 20, 2000.

We obtain your voluntary consent to provide treatment, release medical records to the appropriate entities and those who you designate to provide health care treatment, payment, and daily operations of the facility.

Our clinical and front office staff uses patient information to ensure quality care and appropriate billing for services.

You may correct, amend, access, and request a copy of your medical record and access history by signing a letter for release of your medical information. The cost for copies of medical records is in accordance with state law.

We protect all patient information within the guidelines provided by federal, state and local government.

If you have any grievance pertaining to the privacy of medical records or wish to inquire further about how our facility manages patient information, please contact our Privacy Officer, Amy Hill Fife, at (970) 424-0221.

Amy Hill Fife Physical Therapy, PC reserves the right to amend, change and/or revise our privacy policy at any time in accordance with federal, state and local rules, regulations and guidelines.

Thanks for choosing our health care facility.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_  
**Signature of Patient or guardian**

**Printed Name:** \_\_\_\_\_

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PATIENT INFORMATION

Date: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

How would like to be addressed: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M / F

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Social Security Number \_\_\_\_\_ Marital Status: Single / Married / Divorced

Email Address: \_\_\_\_\_ Would you like text reminders? Y N Cell Carrier \_\_\_\_\_

Employer \_\_\_\_\_ Phone: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Relationship \_\_\_\_\_

Phone number \_\_\_\_\_

**COMPLETE ONLY IF PATIENT IS A MINOR (17 YEARS OR YOUNGER)**

Who is the financial guarantor on this account? \_\_\_\_\_

(THE PERSON BRINGING THE CHILD IN TO THE APPOINTMENT AND SIGNING THIS FORM IS RESPONSIBLE FOR THE BILL)

**INSURANCE INFORMATION**

**Primary** Insurance Company: \_\_\_\_\_ ID#: \_\_\_\_\_

Group#: \_\_\_\_\_ Subscriber Name: (if not patient) \_\_\_\_\_

Subscriber Date of Birth: \_\_\_\_\_ Relation: \_\_\_\_\_

**Secondary** Insurance Company: \_\_\_\_\_ ID#: \_\_\_\_\_

Group#: \_\_\_\_\_ Subscriber Name: (if not patient) \_\_\_\_\_

Subscriber Date of Birth: \_\_\_\_\_ Relation: \_\_\_\_\_

**I authorize release of information requested by my insurance plan for payment. I understand that I am financially responsible for any balance due. I agree to comply with the terms and conditions as outlined on the Conditions and Consent Form. I hereby acknowledge that I have received a copy of the Notice of Privacy Practices.**

**Notice of Assignment of Benefits and Release of Medical Information.** The above information is complete and correct. I hereby guarantee payment of all charges incurred with this office. I hereby assign and direct my insurance company or companies to pay any and all benefits for my medical services directly to this office.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**CONDITIONS & CONSENT FOR PHYSICAL THERAPY**

I understand that I am a patient of Amy Hill Fife Physical Therapy, PC. My care is the exclusive responsibility of Amy Hill Fife Physical Therapy PC professional staff, not of any other practitioners who also may practice at this location.

**Cooperation with treatment:**

In order for physical therapy treatment to be effective, I must come to scheduled appointments unless there are unusual circumstances. I understand and agree to cooperate with and perform the home physical therapy program intended for me. If I have trouble with any part of my treatment program, I will discuss it with my therapist.

**Cancellation Policy:**

I understand that if I cancel more than 24 hours in advance, I will not be charged. **I understand that if I cancel less than 24 hours in advance or no show for the appointment, I will pay a fee of \$45.00**

**No Warranty:** I understand that there are no guarantees regarding a cure for or improvement in my condition. I understand that my physical therapist will outline and discuss goals of physical therapy treatment for my condition and will discuss treatment options with me before I consent to treatment.

**INFORMED CONSENT FOR TREATMENT:**

The term "informed consent" means that the potential risks, benefits and alternatives of physical therapy treatment have been explained to you.

**Potential Risks:** I may experience an increase in my current level of pain or discomfort, or an aggravation of my existing injury or condition. This discomfort is usually temporary; if it does not subside in 24 hours, I agree to contact my physical therapist.

**Potential Benefits:** I may experience an improvement in my symptoms and an increase in my ability to perform daily activities. I may experience increased strength, awareness, flexibility and endurance in my movements. I may experience decreased pain and discomfort. I should gain a greater knowledge about managing my condition and the resources available to me.

**Alternatives:** If I do not wish to participate in the therapy program, I will discuss my medical, surgical or pharmacological alternatives with my physician or primary care provider.

**Release of Medical Records:** I authorize the release of my medical records to the following physicians or primary care provider or insurance company:

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**Financial and insurance responsibilities:**

I agree to pay for my treatment (copays, coinsurance, deductibles, etc) at the time of service by cash, check or credit card. You are responsible for knowing if your health insurance is contracted with Amy Hill Fife Physical Therapy, PC. You are responsible for knowing your insurance coverage and benefits.

**Confidentiality Agreement:** I agree not to disclose in any way the Confidential Information obtained during my care, including but not limited to: verbal, written, visual and interactive advice, treatment programs, care plans, exercise programs, home programs and medical equipment.

**I have read and understand the above information. I have had any questions pertaining to this answered to my complete satisfaction. I consent to physical therapy evaluation and treatment.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of patient or guardian



Date: \_\_\_\_\_

NAME: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

- 1. Describe the current problem that brought you here  
\_\_\_\_\_
- 2. When did your problem first begin? \_\_\_\_\_
- 3. Was your first episode of the problem related to any specific incident? Y/N  
If yes, describe and specify date: \_\_\_\_\_
- 4. Are your symptoms getting \_\_\_\_\_ Better \_\_\_\_\_ Worse \_\_\_\_\_ Staying the same
- 5. Describe previous treatment/exercises \_\_\_\_\_  
\_\_\_\_\_

- 6. How has your lifestyle/quality of life been altered/changed because of this problem?  
Social Activities (exclude physical activities), specify \_\_\_\_\_  
Diet/Fluid intake, specify \_\_\_\_\_  
Physical activity, specify \_\_\_\_\_  
Work, specify \_\_\_\_\_

7. Current Medications: \_\_\_\_\_  
\_\_\_\_\_

**8. Medical History-Falls**

Have you fallen on your tailbone? Y/N

**9. General Health Questions:**

How is your health? Excellent\_\_ Good\_\_ Average\_\_ Fair\_\_ Poor\_\_

**10. Have you had any of the following conditions or diagnoses? (Circle all that apply)**

- |                            |                          |                                 |
|----------------------------|--------------------------|---------------------------------|
| Cancer                     | Stroke                   | Emphysema/chronic bronchitis    |
| Heart problems             | Epilepsy/seizures        | Asthma                          |
| High Blood Pressure        | Multiple sclerosis       | Allergies-list below            |
| Ankle swelling             | Head injury              | Latex sensitivity               |
| Anemia                     | Osteoporosis             | Hypothyroid/Hyperthyroid        |
| Low back pain              | Chronic Fatigue Syndrome | Headaches                       |
| Sacroiliac/tailbone pain   | Fibromyalgia             | Diabetes                        |
| Alcoholism/Drug problem    | Arthritic conditions     | Kidney disease                  |
| Childhood bladder problems | Stress Fracture          | Irritable Bowel Syndrome        |
| Depression                 | Acid Reflux/Belching     | Hepatitis                       |
| Anorexia/bulimia           | Joint replacement        | Sexually transmitted disease    |
| Smoking history            | Bone fracture            | Physical or Sexual abuse        |
| Vision/eye problems        | Sports injuries          | Raynaud's (cold hands and feet) |
| Hearing loss/problems      | TMJ/neck pain            | Pelvic pain                     |

11. **Mental Health:** Current level of stress: High\_\_Medium\_\_Low\_\_ Counseling: Y/N

12. **Social History:** Marital Status: \_\_\_\_\_ Education: \_\_\_\_\_

13. **Occupation:** \_\_\_\_\_ Restrictions? \_\_\_\_\_

14. **What hobbies and activities bring you joy?** \_\_\_\_\_  
\_\_\_\_\_

15. Have you had any recent tests (x-ray, MRI, pelvic exam, etc.) for this problem? Y/N  
If yes, which tests have you had? \_\_\_\_\_

16. **Surgical/Procedure History** Have you had any of the following surgeries:  
Abdominal surgery: Y/N                      Hysterectomy: Y/N                      Hip/knee surgery: Y/N  
Prostatectomy: Y/N                      Surgery with mesh: Y/N                      Colon Surgery: Y/N  
Bladder Sling: Y/N                      Inguinal Hernia: Y/N                      Other: \_\_\_\_\_  
Female organs: Y/N                      Prolapse repair: Y/N

17. **OB/GYN History: Females Only (This section)**  
Child birth deliveries: Y/N #\_\_\_\_ Vaginal dryness: Y/N  
Episiotomy: Y/N #\_\_\_\_ Menopause: Y/N When\_\_\_\_  
C-Section: Y/N #\_\_\_\_ Painful Vaginal penetration: Y/N  
Difficult Childbirth: Y/N Prolapse or organ falling out: Y/N  
Painful periods: Y/N Pelvic/Genital pain: Y/N  
Other: Y/N If yes, describe: \_\_\_\_\_

18. **Sexual Function**  
Are you sexually active? Y/N                      Are you able to orgasm? Y/N  
Do you have pain with intercourse? Y/N                      Do you have pain with penetration? Y/N  
Do you have pain deep? Y/N                      Do you have pain during orgasm? Y/N  
Do you have pain after intercourse? Y/N  
Do you have low back pain during or after intercourse? Y/N  
Do you have hip pain during or after intercourse? Y/N

19. **Bladder and Bowel Function**  
Urine leakage: Y/N                      Stool leakage: Y/N  
Trouble feeling bladder urge/fullness: Y/N                      Trouble feeling bowel urge/fullness: Y/N  
Trouble controlling bladder urge: Y/N                      Trouble controlling bowel urge: Y/N  
Painful urination: Y/N                      Painful bowel movements(BM): Y/N  
Trouble emptying bladder completely: Y/N                      Trouble emptying bowel completely: Y/N  
Strain or push to empty bladder: Y/N                      Constipation/straining \_\_\_\_% of time: Y/N  
Dribbling after urination: Y/N                      Need to support/touch to complete BM: Y/N  
Blood in urine: Y/N                      Blood in stool/feces: Y/N  
Chronic bladder infections: Y/N                      Hemorrhoids

20. What is your pain level (0 Best- 10 Worst): \_\_\_\_\_

21. What makes your symptoms worse? \_\_\_\_\_  
\_\_\_\_\_

22. What makes your symptoms better? \_\_\_\_\_

23. Rate the severity of this problem from 0-10 with 0 being no problem and 10 being worst \_\_\_\_\_

24. What are the treatment goals/concerns you have? \_\_\_\_\_

**25. Males Only (This section only)**

Prostate disorders: Y/N

Erectile dysfunction: Y/N

Shy bladder: Y/N

Painful ejaculation: Y/N

Pelvic/Genital pain location: Y/N

Other, describe: \_\_\_\_\_